

GALLATIN

Directory of Services
for seniors and caregivers



Gallatin Senior Roundtable
2020 Guide

ACTIVITIES & EDUCATION

Civic Center	615-451-5911
210 Albert Gallatin Avenue, Gallatin, TN www.gallatintn.gov/Civic-Center Pool, exercise equipment, senior fitness classes	
Public Library	615-452-1722
123 E. Main Street, Gallatin, TN www2.youseemore.com/gallatinPL/ Computer access, genealogy, local history	
Rose Mont	615-451-2331
810 South Water Avenue, Gallatin, TN historicrosemont.com/ Tours, rose garden, events	
Senior Citizens Center	615-451-1531
200 E. Franklin Street, Gallatin, TN www.gallatinseniorcenter.org/ Group meals, health screenings, crafts, recreation, education and fitness classes, casino trips	
Sumner County Archives	615-452-0037
365 Belvedere Drive, Gallatin, TN archives.sumnertn.org/ County records, photos, genealogy, historical documents	
Sumner County Museum	615-451-3738
183 W Main St, Gallatin, TN sumnercountymuseum.org/ Two floors of exhibits including Civil War, Native American, moonshine stills, farming tools	
Volunteer State College's Key Lifelong Learning Program	615-230-3358
183 W Main St, Gallatin, TN www.volstate.edu/taxonomy/term/258 Lecture series on topics such as plant-based nutrition; the Vietnam War; Saudi Arabia; and life on earth	
ELDER LAW / ESTATE PLANNING ATTORNEYS	
Gallatin Legal Aid Society	615-451-1880
106 Public Square #109 las.org/ Free legal assistance on employment, domestic violence, health and benefits, housing, money and taxes	
Heritage Law Group, PLLC	615-989-7054
1526 Hunt Club Blvd Ste. 550, Gallatin, TN www.heritagelawtn.com Estate planning, elder law, probate	

FINANCIAL ASSISTANCE

Mid-Cumberland Community Action Agency

615-452-7570

600 Small Street, Suite 122 Gallatin, TN

www.midcumberland.org/

Utilities and rent assistance, disabled services, weatherization

FOOD & CLOTHING

Gallatin Cares

615-452-7570

200 E. Franklin Street, Gallatin, TN

<https://www.gallatincares.org/>

Short-term economic assistance, food pantry, thrift store

Sumner County Food Bank

615-452-4022

1021 Woods Ferry Road, Gallatin, TN

sumnercountyfoodbankgallatin.com/

Food giveaways on the third Tuesday of each month from 9:00AM until 1:00PM. Bring a photo ID and a utility bill that shows your Sumner County address.

Senior Citizens Center

615-451-1531

200 E. Franklin Street, Gallatin, TN

www.gallatinseniorcenter.org/

Hot lunch for a small fee. Delivers to Christian Towers and the Manor.

Sumner County SNAP (formerly Food Stamps)

615-451-5814

393 Maple Street #200 Gallatin, TN

www.tn.gov/humanservices.html

The Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) provides nutritional assistance benefits to children and families, the elderly, the disabled, unemployed and working families.

GENERAL INFORMATION

Eldercare Locator

800-677-1116

www.eldercare.acl.gov

Helps identify community resources for older adults nationwide.

TN Council on Aging of Middle Tennessee

615-255-1010

<https://www.coamidtn.org/directory/>

In home services, meals on wheels, transportation information

United Way 211

211

Info on healthcare, food and financial assistance, counseling and legal services

GOVERNMENT SERVICES

EMPLOYMENT

American Job Center 615-451-5800
1598 GreenLea Blvd
Jobs4tn.gov
Employment, job training, GED, drivers' education

SCAMS

U.S. Postal Service 877-876-2455
usps.com/postalinspectors
Mail fraud, ID theft

Tennessee Senior Medicare Patrol 931-432-3293
www.smpresource.org/
Assist Medicare beneficiaries to prevent, detect, and report health care fraud, errors, and abuse.

SOCIAL SECURITY

Social Security Gallatin Branch 866-964-7392
637 Commons Drive, Gallatin, TN
www.ssa.gov/
Statement information, change of address, calculating and managing benefits

SOLICITATION REDUCTION

National "Do Not Call" Registry 888-382-1222
Federal protection from sales calls to your telephone.

Gallatin "Do Not Solicit" Registry 615-451-5895
www.gallatintn.gov/460/Do-Not-Solicit-Registry
Local protection from door-to-door sales. Register online. Stickers available at Gallatin City Hall.

VETERANS SERVICES

TN Dept of Veterans Services 615-741-2345
www.tn.gov/veteran.html
Mental health, benefits, cemeteries

VA Caregiver Support Services 855-260-3274
www.caregiver.va.gov
Information about services available through the VA to help with the caring for a veteran including adult-day services, home care and respite.

Veterans' Clinic 615-741-2345
419 SteamPlant Road, Gallatin, TN
www.tennesseevalley.va.gov/locations/Gallatin_VA_Clinic.asp
Primary Care, Mental Health, Social Work, Clinical Pharmacist, Behavioral Health, and Whole Health (Chiropractic, Physical Therapy, and Acupuncture)

Veterans Crisis Line 800-273-8255

Text available by texting 838255
24/7 support, free, confidential

VA Health Resource Center 877-222-8387

Information on VA health benefits, eligibility, billing and pharmacy-related inquiries
www.va.gov/HEALTHBENEFITS/resources/hrc.asp

US Veteran Transportation 615-390-7160

Shared van rides from the City of Gallatin to VA Medical Appointments primarily in Nashville or Murfreesboro.

HEALTH

COUNTY HEALTH & OTHER CLINICS

Salvus Center 615-451-0038

556 Hartsville Pike, Gallatin, TN
www.salvuscenter.org/

Faith-based primary medical care. Serving working uninsured of Sumner County.

Sumner County Health Department 615-206-1100

1005 Union School Road, Gallatin, TN
www.sumnertn.org/offices/health

Preventative and sick care, family planning, immunizations, vital records. Health services based on a sliding fee scale.

DENTAL CARE

Hope Dental Services 615-644-4746

1124 New Highway 52 East, Westmoreland, TN
hopefamilyhealth.org/

Discounted dental services for those at poverty levels.

DISABILITIES

Tennessee Disability Pathfinder 800-640-4636

vkc.mc.vanderbilt.edu/pathsearch/

Statewide referral services for disability resources operated by Vanderbilt Kennedy Center

ARC Tennessee 615-248-5878

www.thearctn.org/

Assists those with intellectual disabilities and their families

EmpowerTN 615-292-5803

empowertn.org/

Peer support, individual and systems advocacy, independent living skills training

Technology Access Center 615-248-6733

tacnashville.org/

Promotes the independence and participation of individuals of all ages with disabilities in school, work, play and everyday activities through their use of assistive technology.

United Cerebral Palsy of Middle Tennessee 615-242-4091
ucpmidtn.org/
Advancing independence for those affected by mobility issues.

Volunteers of America 615-885-2552
www.voa.org/
Affordable housing, basic needs, mental health

HEALTH INFORMATION & SUPPORT

Alzheimer's Association, Tennessee Chapter 615-315-5880
www.alz.org/tn
Referral to local support groups, early stage memory loss and caregiver support group, safe return identification program, helpline and community resource/education centers for caregivers

Area Agency on Aging and Disability 615-255-1010
tn.gov/content/tn/aging.html
Information and referral helpline for seniors and other adults with physical disabilities in the Greater Nashville area. Services include Medicare counseling and serves as the entry point for home and community based services

TN Council on Aging of Middle Tennessee 615-255-1010
www.coamidtn.org/directory/
In home services, meals on wheels, transportation information

Mental Health America of the Mid-South 615-269-5355
https://www.mhamt.org/
Concerned caregivers, education courses, support group, referrals and in-home education

HEALTH INSURANCE

Health Assist Tennessee 615-313-9972
www.getcoveredtenn.org/
If you are NOT eligible for Medicaid (TennCare) or Marketplace health insurance, Health Assist can help you find local resources to help access affordable healthcare.

Medicare Customer Call Center 800-633-4227

National Council on Aging 571-527-3900
https://www.ncoa.org/
Offers online tools and a nationwide network to find best solutions to improve your health and economic security—and we strengthen government programs that we all depend on as we age

Social Security Administration 800-772-1213
www.ssa.gov
Retirement benefits for those at least 61 years old

TennCare 855-259-0701
www.tn.gov/tenncare.html

TennCare is the state of Tennessee's Medicaid program providing health insurance, including long-term services and supports, through the use of managed care.

TN State Health Insurance Assistance Program **877-801-0044**

Offers free Medicare information and counseling including information on Medicare Part D, Medicare Supplements and Medicare Advantage Plans.

HOSPITALS, URGENT CARE & ER

Sumner Regional Medical Center **615-452-4210**

555 Hartsville Pike, Gallatin, TN
www.mysumnermedical.com/

Offering a wide continuum of care provided by more than 300 physicians in more than 50 medical specialties and sub-specialties, backed by the latest imaging technologies, state-of-the-art surgical suites, critical care rooms, intelligent emergency department design and all-new private patient wellness rooms.

Moore Life Urgent Care (CLINIC) **615-461-8784**

253 W. Main Street, Gallatin, TN
moorelifeurgentcare.com/

Urgent care and walk-ins, medical weight loss, occupational health

Sumner Station (Emergency Room) **615-328-3500**

225 Big Station Camp; Gallatin, TN
www.mysumnermedical.com/our-services/sumner-station-er

Adult and Pediatric Emergency Medical Services, open 24/7, 365 days a year, on-site diagnostic imaging on-site laboratory for instant lab results, ER physicians and staff

MENTAL HEALTH

Cumberland Mental Health Services **615-452-1354**

Addiction recovery, outpatient therapy, psychiatric medication management

PRESCRIPTION ASSISTANCE

AARP General Information **800-456-2277**

www.aarp.org/

Additional insurance to save costs on prescription medications

Medicare **800-633-4227**

www.medicare.gov

Medicare is the federal health insurance program for: People who are 65 or older.

REHABILITATION

Gallatin Center for Rehabilitation and Healing **615-452-2322**

438 N. Water Avenue, Gallatin, TN
<http://gallatincenterrehab.com/>

Short and long-term care. Secure dementia unit.

NHC Place Sumner 615-451-0788
140 Thorne Blvd, Gallatin, TN
nhccare.com/locations/nhc-place-sumner/
Respite care, assisted living, memory care

The Waters of Gallatin 615-452-7132
555 E. Bledsoe Street, Gallatin, TN
watersofgallatin.com/
Rehabilitation, skilled nursing care, memory care

SUBSTANCE ABUSE

Buffalo Valley 615-374-9397
885 Highway 231 South, Castillian Springs
http://www.buffalovalley.org/
Residential treatment center including opioids and alcohol.

VISION

Lion's Club 615-642-5777
www.gallatinlionsclub.org/

HOUSING & GROUP HOMES

Christian Towers of Gallatin 615-452-9363
138 E. Franklin Street, Gallatin, TN
www.ctandmgallatin.org/
Age 62+, independent living, affordable housing

Crestwood Towers 615-451-9008
212 N. Boyers Avenue, Gallatin, TN
Low-income, affordable housing

Gallatin Housing Authority 615-452-1661
401 N. Boyers Avenue, Gallatin, TN
http://www.gallatinha.com/
Affordable housing

The Waters of Gallatin 615-452-7132
555 E. Bledsoe Street, Gallatin, TN
http://watersofgallatin.com/
Age 55+ community, independent living

Sumner County Veterans Home 615-452-3402
1105 S. Water Ave, Gallatin, TN
www.facebook.com/pages/Sumner-County-Veterans-Home/781275958565441

Brookdale Gallatin 615-451-7722
400 Hancock Street, Gallatin, TN
www.brookdale.com/en/communities/brookdale-gallatin.html?cid=yext

Assisted and independent living, memory care, skilled nursing, hospice

Morningside of Gallatin 615-230-5600

1085 Hartsville Pike, Gallatin, TN
www.fivestarseniorliving.com/communities/tn/gallatin/morningside-of-gallatin
Assisted living, respite care, short-term stays

NHC Place Sumner 615-451-0788

140 Thorne Blvd, Gallatin, TN
nhccare.com/locations/nhc-place-sumner/
Independent and assisted living, memory care

RESPIRE CARE ONLY (Adult day-services center)

The Veranda 615-675-4345

650 Gallatin Pike, Suite 7a, Gallatin, TN
Exercises, crafts and social interaction. Monthly support group for caregivers.

HELP AT HOME & HOME REPAIRS

Preferred Care at Home of Sumner 615-970-3737

1529 Hunt Club Blvd #100, Gallatin, TN
preferhome.com/
Home-care services including companion, Alzheimer's, hospital to home and end of life care.

Mid-Cumberland Community Action Agency 615-452-7570

600 Small Street, Suite 122 Gallatin, TN
www.midcumberland.org/
The Weatherization Assistance Program improves the energy efficiency of low-income homes.

TRANSPORTATION

American Cancer Society 800-227-2345

www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html
The "Road to Recovery" program pairs ride volunteers with those cancer patients

Senior Ride Sumner 615-431-2660

www.communitylifebridge.org
Low-cost assisted ride service that pairs a senior who needs a ride with a volunteer who can give one.

GoGo Grandparent 855-464-6872

gogograndparent.com/
Allows older adults to utilize transportation companies like Lyft while keeping family and loved ones notified.

